



# Mental Health Services Policy

Access to appropriate and confidential counseling and medical and mental health services is ensured for all residents. Notification of Program Directors or Department Chairman will occur only at the specific request of the resident seeking these services.

Charges for services are determined by individual providers. Coverage for these services is outlined in the summary plan description for the University Dental Resident Services, P.C. Medical and Dental Plan.

Residents may obtain a listing of participating psychiatrists, psychologists, and addiction counselors from their health insurance provider.

Erie County Medical Center (ECMC) has multiple support and crisis resources available. The Help Center at ECMC (urgent mental health care, in person and telehealth 716-898-1594), CISM Team (peer-peer support [CISMpeerteam@ecmc.edu](mailto:CISMpeerteam@ecmc.edu)), Employee Health Social Worker (Carrie Wieder [cwieder1@ecmc.edu](mailto:cwieder1@ecmc.edu)), and Employee Assistant Program (716-681-4300 or 800-888-4162).

Erie County Medical Center's Center for Occupational and Environmental Medicine (COEM) is available to residents for medical services (716) 898-5858).