

our passion  our patients



## My passion...

*“I am passionate about the employee experience, which directly impacts patient care. Every day, our caregivers are present for our patients, their families, and the community. I am proud to be someone **our** caregivers turn to when **they** need care, support, education, help and hope.”*

**Erin Conley, aPHR**

*Human Resources Assistant*

## Letters from our Patients

“I view my time in the Partial Hospitalization Program (PHP) as being the most important two weeks of my life. I say this because my time in the program not only gave me tools I needed to live a new life, but also revealed a strength in me that I never knew I had. What I have come to realize is that there are a few truths in the universe, first, is that the world would be a beautiful place if everyone went to therapy, and second, we should talk about our problems so we don't feel alone. Unfortunately, as I can attest, most suffering is done in silence.

We need to talk about mental illness, and we need to consistently and thoughtfully treat mental illness on an ongoing basis. Medication is not enough. It's through expanded programs like the PHP that individuals may begin to get the help they need and deserve.

The unique work that is being done here at the Help Center of ECMC is incredibly inspiring.”

Sincerely,

*Christopher, ECMC patient*

