

## **Pre-Race Party • Live Music** 5:00 PM

- T-Shirts to the First 1,100 Entries
  - Free Kids Races
  - Couples Division
  - Very Deep Awards

# **Post-Race Party • Live Music**

Live Music • THE TWANG GANG **Complimentary Food & Refreshments** 

## **Online Registration**

https://runsignup.com/Race/NY/Buffalo/Subaru4MileChase



**Forest Avenue** 





















gotTRASH?











4 Mile Chase



Friday, July 19, 2019; 7PM

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39th Running

SUBARU

Friday, July 19, 2019; 7PM

The social running event of the

**Forest Avenue** 

Proceeds to benefit **ECMC FOUNDATION & PAL** 







MULBERRY

FORTY THIEVES Anthony Masiello

KITCHEN & BAR

**panos** Friends of

**McGarrets** The Quatroche Family











NORTH >>

**Summer Street** 



**∢** WEST

**Summer Street** 







www.buffalosubaruchase

EAST >>

WESTHERR

SOUTH >>

NORTH >>



8%





PSE





















**State Senator Chris Jacobs** 





EAST >>

NORTH >>

## 39th Running • Subaru Buffalo 4 Mile Chase • Friday, July 19, 2019; 7PM

## **AWARDS**

#### **AGE GROUPS: MALE - FEMALE - DEEP!**

7-9, 10-12, 13-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-over

Everyone gets an award in the 7-9, 10-12 & 13-14 divisions and 5 to 10 deep in other divisions. Couples division also 10 deep. DON'T MISS OUT ON YOUR AWARD!

Please check the age group results that will be posted on the truck immediately after the race and pick up your award at the AGE GROUP AWARD TENT.

























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## **PRIZE MONEY**

#### ALL PRIZE MONEY WILL BE MAILED.

Athletes who participate in the event may be subject to formal drug testing.

#### **PRIZE MONEY**

COUPLES DIVISION PRIZES: \$150 • \$100 • \$50 US AND CANADIAN BORN AGE GROUP WINNERS 20-24 AND UP: \$50

Open	Male-Female		Masters Male-Femal	
1st	\$1,000		1st	\$550
2nd	\$500		2nd	\$250
3rd	\$300	TRACKAPELD- 2013 Banctioned Event	3rd	\$100

## **US Male-Female**\*

1st	\$600
2nd	\$350
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**TOP LOCAL MALE & FEMALE - \$75** 

Winners of prize money, not eligible for age group awards.

Masters are eligible for open prize money. NO DUPLICATE AWARDS, one highest cash award only in any category.

#### **COURSE RECORD BONUS**

Certified by USATF NY87016BT

- \$750 Masters Male & Female
- \$500 Open Male & Female
- \$500 U.S. Male & Female
- \* Must be US Citizen to be Eligible for US Prize Money

#### **OPEN COURSE RECORDS:**

Joseph Itati (KEN) 17:53 (2001) Cynthia Limo (KEN) 20:03 (2014)

#### **U.S. COURSE RECORDS:**

Peter Sherry 18:00 (1992) Allie Kieffer 20:36 (2017)

#### **MASTERS COURSE RECORDS:**

John Campbell (N.Z.) 18:31 (1990) Elana Fidatoff (ROM) 21:08 (2002)

At the request of Police and/or Traffic Officials, slower runners may be asked to continue on the sidewalk to maintain course safety.

## **FEES • REGISTRATION COUPLES • KIDS RACES**

### **PRE-RACE • US FUNDS ONLY CHECKS PAYABLE TO ECMC FOUNDATION**

- \$30.00 must be postmarked by July 14th.
- \$15.00 race winners
- \$13.00 14 and under.

• \$8.00 - 75 and over.

\$25 Earlybird Online or mail by 5/19

**RACE WINNERS DISCOUNT - All overall winners** 

(male & female) of local races of 5K or more held regionally, nationally, or internationally between 1/1/19 - 7/4/19 are eligible for a discounted entry fee of \$15.00 to the Subaru 4 Mile Chase. Fill out entry form, attach or indicate the race, date held, distance and winning time. Verification will be made. You must pre-register. We reserve the right to refuse entry.

## **COUPLES DIVISION (M - F)**

### **ONLINE PRE-ENTRY ONLY**

Prize \$\$ \$150, \$100, \$50

- \$30.00 (U.S. FUNDS ONLY) per person
- Check Couples Division on registration form pre-entry only
- Also eligible for individual awards
- Couples Division closed to elite & invited runners
- Places 4-10 will receive non-cash awards

## REGISTRATION

Register online at www.buffalosubaruchase.com

#### RACE DAY • PACKET PICK-UP • FRIDAY, JULY 19TH 11AM UNTIL RACE TIME

**BIDWELL PKWY AT ELMWOOD AVE** 

- \$35.00 U.S. Funds Cash, Check, Credit Card, Canadian at daily bank rate
- Pre-registered runners may pick up numbers and T-shirts on Bidwell Parkway next to 946 Elmwood Avenue
- No refunds

## **KID'S RACES• AWARDS AND SURPRISES FOR ALL**

A special FREE Kids Race for boys & girls (5-6yr. olds, 30 yds: 7-8yr. olds, 40 yds: 9-10yr. olds, 50 yds) will begin at 7pm. Register onsite 5PM-6:30PM race day on Bidwell Parkway.

For Information Call 716-881-1652 **Online Registration** https://runsignup.com/Race/NY/Buffalo/Subaru4MileChase Directions: www.buffalosubaruchase.com

accordance with USA Track & Field Regula and will lose eligibility for future competitior REGARDING DRUGS AND DRUG ADDRESS REGISTRATION FORM

NAME

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