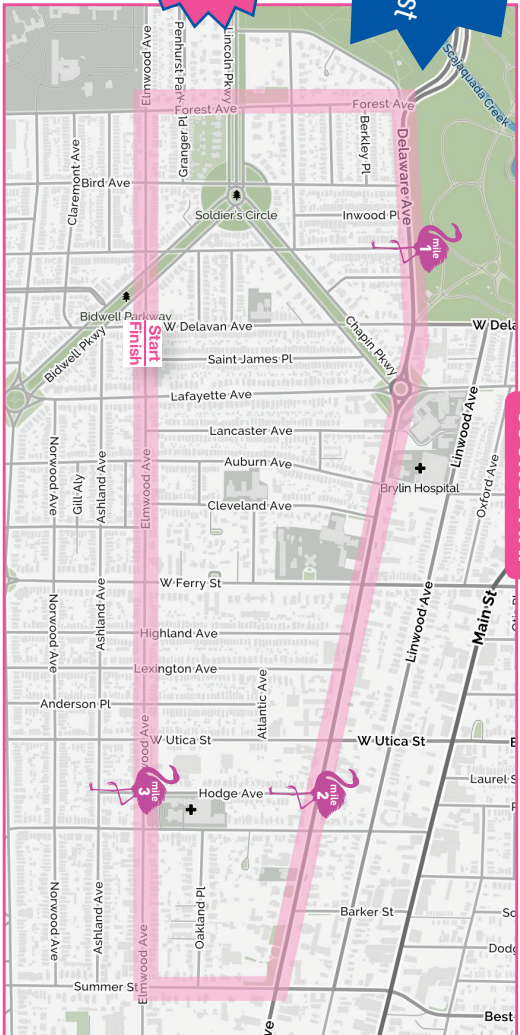


ONLINE REGISTRATION: <https://runsignup.com/Race/NY/Bufallo/Subaru4MileChase>  
[www.bufallosubaruchase.com](http://www.bufallosubaruchase.com)



COURSE MAP

**SUBARU BUFFALO 4 MILE CHASE**  
 697 West Delavan Avenue  
 Buffalo, NY 14222  
 716-881-1652

Earlybird Ends  
 May 5th

Enter Early!  
 Shirts to the 1st  
 1100 Entrists!



EAST >>> Forest Avenue EAST >>>



38th Running  
**SUBARU Buffalo**

**4 Mile Chase**

The social running event of the summer in the Elmwood Village

Friday, July 20, 2018 7PM

Proceeds to benefit  
**ECMC FOUNDATION & PAL**



<<< WEST Summer Street <<< WEST

EAST >>> Forest Avenue EAST >>>



38th Running  
**SUBARU Buffalo**

**4 Mile Chase**

The social running event of the summer in the Elmwood Village

Friday, July 20, 2018 7PM

Proceeds to benefit  
**ECMC FOUNDATION & PAL**



**PEGULA SPORTS AND ENTERTAINMENT**  
**Kaleida Health**  
**Excelsior Orthopaedics**  
**BlueCross BlueShield of Western New York**  
**MISTER PIZZA**  
**ETS TACO & BURRITO**  
**SPT COFFEE**  
**JTS**  
**Panera BREAD**  
**MILBERRY Italian Restaurants**  
**MR. GOODBAR**  
**Friends of Anthony Masiello**  
**McGarrets**  
**The Quatroche Family**  
**AMR**

<<< WEST Summer Street <<< WEST

EAST >>> Forest Avenue EAST >>>



**Pre-Race Party • Live Music**  
 5:00 PM: Amina the Empress

- T-Shirts to the First 1100 Entries
- Free Kids Races
- Couples Division
- Very Deep Awards

**Post-Race Party • Live Music**  
 Live Music • Vin DeRosa & Viatmin D  
 Complimentary Food & Refreshments

**Online Registration**  
<https://runsignup.com/Race/NY/Bufallo/Subaru4MileChase>

**ADPRO SPORTS elite team gear**  
**GMI Great Lakes Medical Imaging**  
**ELLICOTT DEVELOPMENT**  
**2 WGRZ ON YOUR SIDE**  
**M&T Bank Understanding what's important™**  
**UB MD ORTHOPAEDICS**  
**Coles**  
**MIX 96**  
**#GOT TRASH?**

**Councilmember Joel P. Feroletto**  
**Councilmember Joe Golombek**

**UPS The UPS Store**  
**Rr Runner's Roost**

<<< WEST Summer Street <<< WEST



**AWARDS**

**AGE GROUPS: MALE - FEMALE - DEEP!**

7-9, 10-12, 13-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-over

**Everyone gets an award in the 7-9, 10-12 & 13-14 divisions and 5 to 10 deep in other divisions. Couples division also 10 deep. DON'T MISS OUT ON YOUR AWARD!**

Please check the age group results that will be posted on the truck immediately after the race and pick up your award at the AGE GROUP AWARD TABLE.



MEZZA RESTAURANT • LOUNGE

ThePlace

Gene's 70's Pizza

KEVIN'S CATERING

WEB PLATYPUS

ELMWOOD VILLAGE

BOOTLEG BUCHA

SEM BUFFALO SEMINARY

ROTUNDO LAUNDRY

Amherst Police Club, Inc.

FERN + arrow

**PRIZE MONEY**

**ALL PRIZE MONEY WILL BE MAILED.** Athletes who participate in the event may be subject to formal drug testing.

**PRIZE MONEY**  
 COUPLES DIVISION PRIZES: \$150 • \$100 • \$50  
 US AND CANADIAN BORN AGE GROUP WINNERS 20-24 AND UP: \$50



Open Male-Female	Masters Male-Female
1st \$1,000	1st \$550
2nd \$500	2nd \$250
3rd \$300	3rd \$100



US Male-Female*	TOP LOCAL MALE & FEMALE - \$75
1st \$600	
2nd \$350	
3rd \$150	

Winners of prize money, not eligible for age group awards. Masters are eligible for open prize money. No duplicate awards, one highest cash award only in any category.

- COURSE RECORD BONUS**  
 Certified by USATF NY87016BT
- \$750 Masters Male & Female
  - \$500 Open Male & Female
  - \$500 U.S. Male & Female

\* Must be US Citizen to be Eligible for US Prize Money

**OPEN COURSE RECORDS:**  
 Joseph Itati (KEN) 17:53 (2001)  
 Cynthia Limo (KEN) 20:03 (2014)

**U.S. COURSE RECORDS:**  
 Peter Sherry 18:00 (1992)  
 Allie Kieffer 20:36 (2017)

**MASTERS COURSE RECORDS:**  
 John Campbell (N.Z.) 18:31 (1990)  
 Elana Fidatoff (ROM) 21:08 (2002)

At the request of Police and/or Traffic Officials, slower runners may be asked to continue on the sidewalk to maintain course safety.

**FEES • REGISTRATION COUPLES • KIDS RACES**

**PRE-RACE • US FUNDS ONLY CHECKS PAYABLE TO ECMC FOUNDATION**

- \$25.00 - must be postmarked by July 17th.
- \$15.00 - race winners
- \$12.50 - 14 and under.
- \$7.50 - 75 and over.

**\$20 Earlybird**  
 Online or mail by 5/5

**RACE WINNERS DISCOUNT** - All overall winners (male & female) of local races of 5K or more held regionally, nationally, or internationally between 1/1/18 - 7/4/18 are eligible for a discounted entry fee of \$15.00 to the Subaru 4 Mile Chase. Fill out entry form, attach or indicate the race, date held, distance and winning time. Verification will be made. **You must pre-register.**  
**We reserve the right to refuse entry.**

**COUPLES DIVISION (M - F) ONLINE PRE-ENTRY ONLY**

- \$25.00 - (U.S. FUNDS ONLY) per person
- Check Couples Division on registration form pre-entry only
- Also eligible for individual awards
- Couples Division closed to elite & invited runners
- Places 4-10 will receive non-cash awards

**Prize \$\$**  
 \$150, \$100, \$50

**REGISTRATION**  
 • Register online at [www.buffalosubaruchase.com](http://www.buffalosubaruchase.com)

**RACE DAY • PACKET PICK-UP • FRIDAY, JULY 20TH 11AM UNTIL RACE TIME**

- BIDWELL PKWY & ELMWOOD AVE**
- \$30.00 U.S. Funds - Cash, Check, Credit Card, Canadian at daily bank rate
  - Pre-registered runners may pick up numbers and T-shirts on Bidwell Parkway next to 946 Elmwood Avenue
  - No refunds

**KID'S RACES • AWARDS AND SURPRISES FOR ALL**  
 A special FREE Kids Race for boys & girls (5-6yr. olds, 30 yds; 7-8yr. olds, 40 yds; 9-10yr. olds, 50 yds) will begin at 7pm. Register onsite 3PM-6PM race day on Bidwell Parkway.

For Information Call 716-881-1652  
 Online Registration  
<https://runsignup.com/Race/NY/Bufalo/Subaru4MileChase>  
 Directions: [www.buffalosubaruchase.com](http://www.buffalosubaruchase.com)

**REGISTRATION FORM**

Phone Number: \_\_\_\_\_  
 Emergency Phone Number: \_\_\_\_\_

\_\_\_\_\_  
 M.I. \_\_\_\_\_  
 CITIZENSHIP \_\_\_\_\_  
 PSM/BIB \_\_\_\_\_  
 RACE USE ONLY

\_\_\_\_\_  
 FIRST NAME \_\_\_\_\_  
 STATE/PROV. \_\_\_\_\_ ZIP/POST CODE \_\_\_\_\_

\_\_\_\_\_  
 LAST NAME \_\_\_\_\_  
 NUMBER & STREET \_\_\_\_\_  
 TOWN/CITY \_\_\_\_\_ EMAIL ADDRESS \_\_\_\_\_

\_\_\_\_\_  
 SEX \_\_\_\_\_ AGE \_\_\_\_\_

Athletes who participate in this competition may be subject to formal drug testing in accordance with USA Track & Field Regulation 10 and IAAF Rule 55. Athletes found positive for banned substances, or who refuse to be tested, will be disqualified from this event and will lose eligibility for future competitions. **SOME OVER-THE-COUNTER MEDICATIONS CONTAIN BANNED SUBSTANCES. INFORMATION REGARDING DRUGS AND DRUG TESTING MAY BE OBTAINED BY CALLING THE USOC HOT LINE AT 800-233-0399.**

Information Phone Number (716) 881-1652

**MAIL AND MAKE CHECKS PAYABLE TO:**  
 ECMC Foundation  
 697 West Delavan Ave.  
 Buffalo, New York 14222



I know that running a road race is potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including but not limited to, falls, contact with other participants, the effects of weather including heat and/or humidity, traffic and the conditions of the road. All such risks being known and appreciated by me. I also know that although police protection will be provided, there will be traffic on the course route. I assume the risk of running in traffic. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone to act on behalf, waive and release Buffalo 4 Mile Chase, its directors, volunteers and all sponsors, the City of Buffalo, ECMC Corp., ECMC Foundation their representatives and successors from all claims or liabilities of any kind out of my participation in this event before, during or after. I grant permission to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose. **I also agree for the safety of those entered, in the event of unforeseen circumstances, dangerous, threatening or potentially harmful weather conditions which cause the race to be cancelled, NO refunds will be given and NO make-up date will be scheduled.**

Brent J. Nowicki (CAS/TAS), Race Counsel