

EAST >> Forest Avenue EAST >>

northtown **WESTHERR** NEW YORK

37th Running **SUBARU** Buffalo

4 Mile Chase

The social running event of the summer in the Elmwood Village

Friday, July 14, 2017 7PM

Proceeds to benefit **ECMC FOUNDATION** & **BUFFALO POLICE PAL**

Start Finish



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northtown **WESTHERR** NEW YORK

37th Running **SUBARU** Buffalo

4 Mile Chase

Friday, July 14, 2017 7PM

Start Finish

PEGULA SPORTS AND ENTERTAINMENT

Kaleida Health

Excelsior Orthopaedics

RONCO SPECIALIZED

MISTER PIZZA

Friends of Anthony Masiello

MULBERRY Italian Restaurant

Panera BREAD

ETS TACO & BURRITO

MR. GOODBAR

BOOTLEG BUCHA

UPS The UPS Store

pano's ON ELMWOOD

McGarrets

The Quatroche Family

<< WEST Summer Street << WEST

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MADE IN WNY

Certo Brothers DISTRIBUTING COMPANY Est. 1912

TOPS Friendly Markets

Pre-Race Party • Live Music

5:00 PM: Empress & The Royals

- T-Shirts to the First 1200 Entries
- Free Kids Races
- Couples Division
- Very Deep Awards

Post-Race Party • Live Music

Live Music • Sherrie Gold & Overdrive

Complimentary Food & Refreshments

Online Registration

<https://runsignup.com/Race/NY/Bufalo/Subaru4MileChase>

GREAT LAKES MEDICAL IMAGING

ADPRO SPORTS elite team gear

ELLICOTT DEVELOPMENT

WGRZ 2

M&T Bank Understanding what's important™

MIX 96

HYATT REGENCY

BUFFALO FIREFIGHTERS LOCAL 282

Councilmember Joe Golombek

Councilmember Joel P. Feroletto

UB MD ORTHOPAEDICS SPORTS MEDICINE

#GOT TRASH?

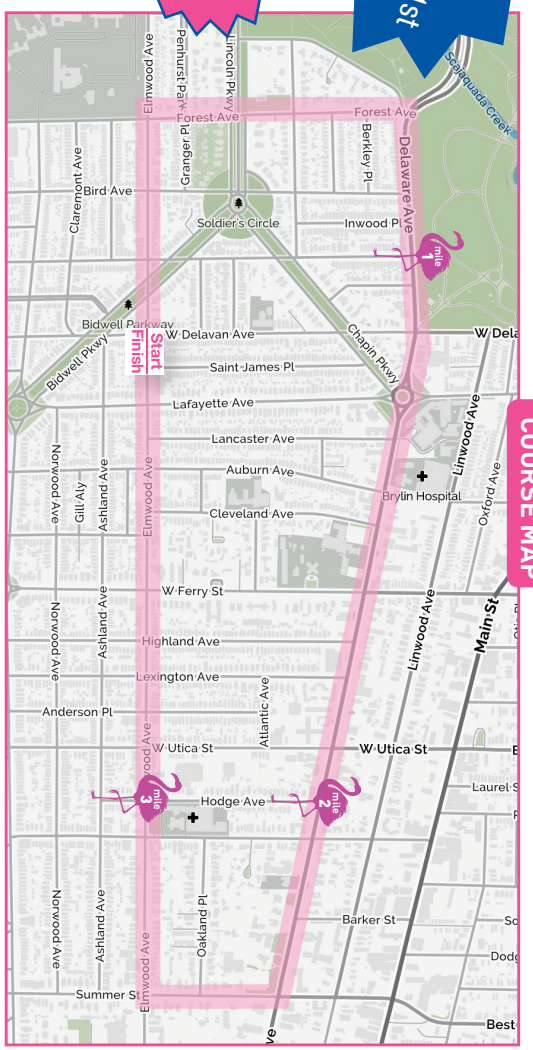
<< WEST Summer Street << WEST

SUBARU BUFFALO 4 MILE CHASE

697 West Delavan Avenue
Buffalo, NY 14222
716-881-1652

Earlybird Ends April 30th

Enter Early! Shirts to the 1st 1200 Entries!



ONLINE REGISTRATION: <https://runsignup.com/Race/NY/Bufalo/Subaru4MileChase>

www.buffalosubaruchase.com

37th Running • Subaru Buffalo 4 Mile Chase • Friday, July 14, 2017, 7PM

AWARDS

AGE GROUPS: MALE - FEMALE - DEEP!

7-9, 10-12, 13-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-over

Everyone gets an award in the 7-9, 10-12 & 13-14 divisions and 5 to 10 deep in other divisions. Couples division also 10 deep. DON'T MISS OUT ON YOUR AWARD!

Please check the age group results that will be posted on the truck immediately after the race and pick up your award at the AGE GROUP AWARD TABLE.



PRIZE MONEY

ALL PRIZE MONEY WILL BE MAILED.

Athletes who participate in the event may be subject to formal drug testing.

PRIZE MONEY

COUPLES DIVISION PRIZES: \$150 • \$100 • \$50
US AND CANADIAN BORN AGE GROUP WINNERS 20-24 AND UP: \$50

NEW!

Open Male-Female

1st	\$1,000
2nd	\$500
3rd	\$300
4th	\$200



Masters Male-Female

1st	\$600
2nd	\$300
3rd	\$250
4th	\$200

US Male-Female*

1st	\$500
2nd	\$300
3rd	\$200
4th	\$100

TOP LOCAL MALE & FEMALE - \$50

Winners of prize money, not eligible for age group awards.

Masters are eligible for open prize money. No duplicate awards, one highest cash award only in any category.

COURSE RECORD BONUS

- Certified by USATF NY87016BT
- \$750 Masters Male & Female
- \$500 Open Male & Female
- \$500 U.S. Male & Female

* Must be US Citizen to be Eligible for US Prize Money

OPEN COURSE RECORDS: U.S. COURSE RECORDS:

Joseph Itati (KEN) 17:53 (2001) Peter Sherry 18:00 (1992)
Cynthia Limo (KEN) 20:03 (2014) Jessica Odoric 20:38 (2012)

MASTERS COURSE RECORDS:

John Campbell (N.Z.) 18:31 (1990)
Elana Fidatoff (ROM) 21:08 (2002)

HOST HOTEL ROOM BLOCK - 7/13, 7/14

Hyatt Regency Buffalo - Downtown
\$119 per night plus tax King & Double Occupancy
Reservations: 716-855-4950 or 1-888-421-1442
Reservation Code: SUBARU CHASE ATTENDEE
Online Reservations: <https://aws.passkey.com/go/SubaruChaseAttendee>



At the request of Police and/or Traffic Officials, slower runners may be asked to continue on the sidewalk to maintain course safety.

FEES • REGISTRATION COUPLES • KIDS RACES

PRE-RACE • US FUNDS ONLY CHECKS PAYABLE TO ECMC FOUNDATION

- \$25.00 - must be postmarked by July 11th.
- \$12.50 - 14 and under.
- \$7.00 - 73 and over.

\$20 Earlybird
Online or mail by 4/30

FREE - All overall winners (male & female) of road races of 5K or more held regionally, nationally, or internationally 1/1/17 - 7/4/17 are eligible for FREE entry to the Subaru 4 Mile Chase. Fill out entry form, attach your race, date held, distance and winning time. Verification will be made. **You must pre-register. We reserve the right to refuse entry.**

COUPLES DIVISION (M - F)

PRE-ENTRY ONLY

- \$25.00 - (U.S. FUNDS ONLY) per person
- Check Couples Division on registration form
- Both entries must be mailed in same envelope pre-entry only
- Also eligible for individual awards
- Couples Division closed to elite & invited runners
- Places 4-10 will receive non-cash awards

Prize \$\$
\$150, \$100, \$50

REGISTRATION

- Register **online** at www.buffalosubaruchase.com

RACE DAY • PACKET PICK-UP • FRIDAY, JULY 14TH

11AM UNTIL RACE TIME

BIDWELL PKWY & ELMWOOD AVE

- \$30.00 U.S. Funds - Cash, Check, Credit Card, Canadian at daily bank rate
- Pre-registered runners may pick up numbers and T-shirts on Bidwell Parkway next to 946 Elmwood Avenue
- No refunds

KID'S RACES • AWARDS AND SURPRISES FOR ALL

A special FREE Kids Race for boys & girls (5-6yr. olds, 30 yds; 7-8yr. olds, 40 yds; 9-10yr. olds, 50 yds) will begin at 7pm. Register onsite 3PM-6PM race day on Bidwell Parkway.

For Information Call 716-881-1652

Online Registration

<https://runsignup.com/Race/NY/Bufalo/Subaru4MileChase>
Directions: www.buffalosubaruchase.com

REGISTRATION FORM

Phone Number: _____

Emergency Phone Number: _____

M.I.

FIRST NAME

LAST NAME

CITIZENSHIP

STATE/PROV.

ZIP/POST CODE

PSM/BIB

NUMBER & STREET

TOWN/CITY

RACE USE ONLY

EMAIL ADDRESS

Signature (Parents Signature, if under 18 years) Incomplete or unsigned forms will not be accepted.

Information Phone Number (716) 881-1652

MAIL AND MAKE CHECKS PAYABLE TO:
ECMC Foundation
697 West Delavan Ave.
Buffalo, New York 14222

U.S. FUNDS ONLY

Check Here to enter couples division.

Check Here to enter couples division.

I know that running a road race is potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including but not limited to, falls, contact with other participants, the effects of weather including heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I also know that although police protection will be provided, there will be traffic on the course route. I assume the risk of running in traffic. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone to act on behalf, waive and release Buffalo 4 Mile Chase, its directors, volunteers and all sponsors, the City of Buffalo, ECMC Corp., and ECMC Foundation their representatives and successors from all claims or liabilities of any kind out of my participation in this event before, during or after. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose. I also agree for the safety of those entered, in the event of unforeseen circumstances, dangerous, threatening or potentially harmful weather conditions which cause the race to be cancelled, NO refunds will be given and NO make-up date will be scheduled.

Brent J. Nowicki (CAS/TAS) Race Counselor